

Supervision of an Occupational Therapy Assistant with a Regular License: General Overview

Note: This is just a general overview. Refer to the full [OT Act and Rules](#) for further requirements. In addition, this document concerns the supervision of an OTA with a regular license only. Refer to the full [OT Act and Rules](#) for requirements regarding the supervision of an OTA with a temporary license.

As defined by the OT Practice Act, an occupational therapy assistant assists in the practice of occupational therapy under the general supervision of an occupational therapist.

For example, please note the following from the OT Rules.

From §372.1, Provision of Services

- Only an occupational therapist may initiate, develop, modify or complete an occupational therapy plan of care and only the occupational therapist may dictate, or attempt to dictate, when occupational therapy services should or should not be provided, the nature and frequency of services that are provided, when the client should be discharged, or any other aspect of the provision of occupational therapy as set out in the OT Act and Rules.
- Except where otherwise restricted by rule, the supervising OT may only delegate to an OTA tasks that they both agree are within the competency level of that OTA.
- In each intervention note, the occupational therapy assistant must include the name of an occupational therapist who is readily available to answer questions about the client's intervention at the time of the provision of services. The occupational therapist in the intervention note may be different from the occupational therapist who wrote the plan of care. The occupational therapy assistant may not provide services unless this requirement is met.

From §372.2, General Purpose Occupation-Based Instruction

- When general purpose occupation-based instruction is being provided pursuant to §372.2, the OT must approve the curricular goals/program prior to the OTA's initiating instruction.

Refer to the full [OT Act and Rules](#) for further requirements.

Please note that due to rule changes that took effect June 1, 2019,

- OTAs with a regular license are no longer required to submit to the Board the Occupational Therapy Assistant Supervision Form.
- OTAs with a regular license are no longer required to notify the Board of supervisor changes.
- OTAs with a regular license are no longer required to receive specific supervision hours or maintain a supervision log.